

Dan Neuharth, Ph.D.
Licensed Marriage and Family Therapist

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CLIENT INFORMATION SHEET AND CONSENT FOR TREATMENT

Confidentiality: Psychotherapy is designed to be a safe place for you to talk about any personal issues you choose to explore. Please know that whatever we discuss in psychotherapy is legally held as private and confidential. This means that I will not divulge anything you tell me to anyone except in either of the following conditions:

- a) You give me your permission to talk to another, such as a health-care professional who is providing you treatment.
- b) You tell me something that I am legally required to reveal to others. For example, California psychotherapists are required to report cases of suspected child abuse or elder abuse, or when a client poses a threat to herself/himself or others.

From time to time I consult with other licensed, experienced therapists on how I can better help my clients. These consultants are bound by the same laws of confidentiality outlined here.

The nature of psychotherapy: Therapy works best when you are an active partner in the process, so please know that I welcome feedback or questions about our work at any time. Please understand that there is the expectation that you will benefit from psychotherapy, but there is no guarantee that this will occur. If it becomes clear to me that you are not receiving benefit from our work together, I am ethically bound to stop treating you, and I will then provide you with referrals to other sources for therapy. Please also understand that at times you may feel conflicted about attending sessions, as the process of psychotherapy can sometimes be uncomfortable. If this is the case, I urge you to bring up your concerns so that we can address them.

Fees and cancellation policy: Therapy sessions are normally 60 minutes long. My fee is \$150 for 60 minutes, payable each session by check, cash, or credit card (MasterCard/Visa). Longer sessions are pro-rated at the \$150-per-hour rate. There is no charge for brief phone calls (up to five minutes), but longer phone sessions are subject to a charge based on the length of the call. If you need to cancel an appointment, please let me know at least 24 hours in advance; otherwise, I will have to charge you for the missed session since I will not be able to fill the appointment time on short notice.

Therapist availability: You can leave messages for me anytime and I normally return phone calls within one business day. In a life-threatening emergency, call 911 or your local crisis hotline immediately (In Marin: 415-499-6666).

If you have any questions on the above, please ask me. Otherwise, please sign below, affirming that you understand and consent to these policies.

Sign Name: _____ Print Name: _____

Home phone: _____ Work phone: _____

Cell phone: _____ Email: _____

Address: _____

Today's date: _____ Your birthdate: _____